

# I DON'T WANT THEM! WHAT DO I DO?



**Do you get flyers delivered to your home but you do not want them?**



If this is the case, don't contribute to the litter issue. To stop flyer delivery to your home, request to be added to the NO delivery list.

*How do you do this?  
(See below)*

Request to Opt out of receiving the flyers by contacting the Tri-County Vanguard.

- 902-742-7111 extension 0
- 1-800-717-4442 extension 0 (toll free)
- email them at [tricityextra@tricityvanguard.ca](mailto:tricityextra@tricityvanguard.ca)



[www.wastecheck.com](http://www.wastecheck.com)

Like/follow Waste Check on  
or download our FREE app

